

South Australian Services

Domestic Violence Crisis Line

1800 800 098

Homeless Connect SA

1800 003 308

Legal Services Commission helpline

1300 366 424

Migrant Women's Support Program

(08) 8152 9260

Pregnancy Advisory Centre

(08) 7117 8999

Catalyst Foundation

(formerly Seniors Information Service)

(08) 8168 8776 or 1800 636 368

SHINE SA - Sexual Healthline

1300 883 793 or 1800 188 171

Working Women's Centre

(08) 8410 6499 or 1800 652 697

Women's Legal Service

(08) 8231 8929 or 1800 816 349

1800RESPECT

1800 737 732

Yarrow Place



Rape and Sexual Assault Service

1800 817 421

Crisis Care

After hours child protection and urgent matters requiring Department for Child Protection support — 131 611

Contact details

 wis.sa.gov.au
 (08) 8303 0590 (general enquiries)
0401 989 860
1800 188 158 (free call)

 wis@sa.gov.au
 GPO Box 292, Adelaide SA 5001

Social media

 / sawomen
 / WIS_Adelaide
 / WomensInfoSA

Feedback

 dhs.sa.gov.au/feedback

Alternative formats

The information in this publication can be provided in an alternative format or another language on request by calling (08) 8303 0590.

We are wheelchair accessible and welcome women of any age, gender, sexuality, culture, religion and ability.

The Women's Information Service acknowledges and respects the traditional custodians whose ancestral lands they gather on.



Women's Information Service



Need help but don't know where to start?

The Women's Information Service is a free and confidential service providing information and referrals to South Australian women. Get in touch with us online, on the phone or in person.

You can talk to us about:

- family and relationships
- domestic and family violence
- education and training
- health and wellbeing
- housing and accommodation options
- financial matters
- women's groups and events or anything else that's on your mind.


Our services

- Information Phone Line
- Family Court Support
- Volunteer Program
- SMS Call Back Service
- Rural Phone Link Up Service
- Free Internet Access
- Tax Help (July to October)
- Ombudsman Outreach (10am to 12pm, last Thursday of each month)
- Financial Counsellor (first Wednesday and Thursday of each month)

Where to find us

 Ground Floor
101 Grenfell Street, Adelaide

We are across the road from Regent Arcade, just a short walk from Rundle Mall.

 Our opening hours are 9am to 5pm, Monday to Friday.

There is a wide range of information, free internet and our friendly and knowledgeable staff are ready to help you. Come in for a tea or coffee and speak with a team member.



WIS Havens

Located throughout South Australia, WIS Havens are local safety hubs to support women and their children experiencing domestic, family and sexual violence. Trained volunteers can provide confidential information and referrals to appropriate services.

To find your local hub, visit:

 wis.sa.gov.au/havens

Volunteer with us

Make a difference to the lives of South Australian women and become a WIS volunteer.

Choose from a range of areas including our Grenfell Street shopfront, the WIS Havens, Family Court support or Children's Centres throughout the state.

The WIS volunteering program offers comprehensive training, mentoring and support. It's also a great way to share and learn new skills, meet passionate, like-minded people, and build connections in your community.

To register, visit:

 wis.sa.gov.au/volunteer