



# Women's Information Service

The "What's On" page provides details of services and activities for women of SA **Monday 16 December**

All programs are free/low cost unless otherwise noted.

For more details, please visit our Facebook Page [Women's Information Service Facebook](#)

If you would like the WIS What's On emailed to you, please email your name/contact details to [wis@sa.gov.au](mailto:wis@sa.gov.au)

<u>Program</u>	<u>Description</u>	<u>Provider</u>	<u>Location</u>	<u>Date</u>
<b>SERVICES</b>				
<b>Women are Strong Women do Survive</b>	8-week support group for women dealing with the effects of abusive relationships.	The Yellow Gate Bookings essential. To register call Ph.1300 564 164 E: <a href="mailto:admin@theyellowgate.org.au">admin@theyellowgate.org.au</a>	To be advised	To be advised
<b>Women are Strong Women do Survive</b>	8-week support group for women dealing with the effects of abusive relationships.	Hands of Hope Foundation Bookings essential. Ph. 0423 174 221 E: <a href="mailto:enquiries@handsofhope.asn.au">enquiries@handsofhope.asn.au</a>	To be advised	To be advised
<b>Shark Cage for Women</b>	7-week course for women who have had relationships that are controlling, violent or abusive and how to empower yourselves.	Baptist Care For more information contact Tani Ph. 0402 981 708 or E: <a href="mailto:thawkins@christiesbaptist.org.au">thawkins@christiesbaptist.org.au</a>	To be advised	To be advised
<b>From Strength to Strength</b>	6-week group for women who would like to increase their personal growth and improve relationship conflict management. Ideal for women who have completed both Women are Strong and Shark Cage groups.	Anglicare SA Ph. 8186 8900 E: <a href="mailto:fif@anglicaresa.com.au">fif@anglicaresa.com.au</a>	To be Advised	To be Advised
<b>Out of the Shadows</b>	This group will discuss impacts on women and children and interactions with the Domestic and Family Violence, Legal and Safety Systems	Relationships Australia Ph. 8223 4566 E: <a href="mailto:rasacentral@rasa.org.au">rasacentral@rasa.org.au</a>	Address provided on registration	Fridays during term time
<b>Legal Outreach</b>	Free legal advice appointments are available in-person with a solicitor from the Women's Legal Service.	The Yellow Gate Bookings essential, Ph. 1300 564 164	Address provided upon registration	Last Thursday of the month
<b>Walk n Talk</b>	Come and walk with us – all fitness levels welcome in a supportive and inclusive environment. For women in the community who have been impacted by family and domestic violence.	The Yellow Gate To register call Ph. 1300 564 164	Moana Beach	Jan 20 Feb 17



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<b>Women's Domestic Violence Court Assistance Service</b>	The Women's Domestic Violence Court Assistance Service will be visiting Mount Gambier Magistrates Court on a fortnightly basis to assist women who have applied for private intervention orders.	Legal Services Commission For more information Ph.1800 246 642	Mount Gambier	Fortnightly
<b>Family Court Support</b>	Available to women attending Family/Federal Circuit Court at 3 Angus St Adelaide.	Women's Information Service Ph. 8303 0590	Adelaide	Ongoing- subject to volunteer availability
<b>WIS Chat</b>	Can't find the information you are looking for? <b><u>You can now talk to WIS via Live Chat on our webpage.</u></b> Visit us at <a href="#">Women's Information Service Live-Chat</a> And click on the: "Hi there, how can I help you" pop-up.	Women's Information Service Ph. 8303 0590 <a href="http://www.wis.sa.gov.au">www.wis.sa.gov.au</a>	Online	Ongoing
<b>SOCIAL CONNECTION</b>				
<b>Craft and Chat</b>	Come along and join other women to learn craft in a relaxed and friendly environment. All materials provided.	The Haven Port Pirie Ph. 0499 420 923	Port Pirie	Wednesdays
<b>Women and Words</b>	A relaxed group for creative writing therapy run by a well-known local writer.	The Haven Gawler Ph. 0466 801 553 E: <a href="mailto:haven@gawlercommunityhouse.org.au">haven@gawlercommunityhouse.org.au</a>	Gawler	Thursdays
<b>Women's Walking Group</b>	Meet at Laratinga Wetlands for a casual walk and talk.	The Haven Mount Barker For more information Ph. 8391 2747	Mount Barker	Fridays
<b>Women's Peer Group - Parents of neurodivergent children</b>	A group for all women who are caring for a neurodivergent child or children and would like help to improve their own mental health.	Skylight Ph. 83784100 E: <a href="mailto:nicoleb@skylight.org.au">nicoleb@skylight.org.au</a>	Mount Barker	1st Thursday of the month
<b>Women's Walking Group</b>	The Haven Mount Gambier will be meeting every third Thursday of the month at the Railway Station Platform.	City of Mount Gambier and Centacare For more information Ph. 0439 169 925	Mount Gambier	3 <sup>RD</sup> Thursday of the month
<b>Game Day</b>	Join us to connect with other women and have fun with board games, cards, and trivia.	The Haven Mount Gambier Ph. 0439 169 925	Mount Gambier	Every Monday from Oct



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<b>Report Writing and JP service</b>	Help to prepare reports for government services such as NDIS? Need a JP? Visit the Haven and consult with an experienced volunteer.	The Haven Goolwa To make an appointment Ph. 0499 407 237 E: <a href="mailto:goolwahaven@alexandrina.sa.gov.au">goolwahaven@alexandrina.sa.gov.au</a>	Goolwa	Mondays ongoing
<b>Grow &amp; Glow</b>	Weekly group to help build confidence and connections.	The Haven Whyalla Ph. 0407 251 696 E: <a href="mailto:whyallahaven@cccsa.org.au">whyallahaven@cccsa.org.au</a>	Whyalla	Fridays
<b>Cuppa and Connection</b>	Join The Haven Whyalla for a chat over craft, cards, or games in a safe space.	The Haven Whyalla Ph. 0407 251 696 E: <a href="mailto:whyallahaven@cccsa.org.au">whyallahaven@cccsa.org.au</a>	Whyalla	Tuesdays
<b>HEALTH</b>				
<b>BreastScreen SA</b>	BreastScreen SA is visiting areas in South Australia and offering free screening for women over the age of 40.	BreastScreen SA For more information contact 13 20 50 or go to <a href="http://www.breastscreen.sa.gov.au">www.breastscreen.sa.gov.au</a>	Port Lincoln	Oct 21-Mar 5
<b>BreastScreen SA</b>	BreastScreen SA is coming to the Adelaide Showgrounds to provide free breast cancer screening for women over the age of 40, especially those aged 50-74 years.	BreastScreen SA For more information contact 13 20 50 or go to <a href="http://www.breastscreen.sa.gov.au">www.breastscreen.sa.gov.au</a>	Wayville	Jan 7-9
<b>PARENTING</b>				
<b>Mankurri-Apinthi</b>	Are you Aboriginal or Torres Strait Islander with children? Join KKY in a peer-to-peer program led by volunteers to form community connections.	Kornar Winmil Yunti (KKY) Aboriginal Corporation For more information Ph. 8377 7822, E: <a href="mailto:admin@kky.org.au">admin@kky.org.au</a>	Blair Athol and Western suburbs	Ongoing



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