



Women's Information Service

The "What's On" page provides details of services and activities for women of SA **Monday 09 December**

All programs are free/low cost unless otherwise noted.

For more details, please visit our Facebook Page [Women's Information Service Facebook](#)

If you would like the WIS What's On emailed to you, please email your name/contact details to wis@sa.gov.au

<u>Program</u>	<u>Description</u>	<u>Provider</u>	<u>Location</u>	<u>Date</u>
SERVICES				
Women are Strong Women do Survive	8-week support group for women dealing with the effects of abusive relationships.	To register, please call Yellow Gate Bookings essential. Ph.1300 564 164 E: admin@theyellowgate.org.au	To be advised	To be advised
Women are Strong Women do Survive	8-week support group for women dealing with the effects of abusive relationships.	Hands of Hope Foundation Bookings essential. Ph. 0423 174 221 E: enquiries@handsofhope.asn.au	To be advised	To be advised
Shark Cage for Women	7-week course for women who have had relationships that are controlling, violent or abusive and how to empower yourselves.	Baptist Care For more information contact Tani Ph. 0402 981 708 or E: thawkins@christiesbaptist.org.au	To be advised	To be advised
From Strength to Strength	6-week group for women who would like to increase their personal growth and improve relationship conflict management. Ideal for women who have completed both Women are Strong and Shark Cage groups.	Anglicare SA Ph. 8186 8900 E: fif@anglicaresa.com.au	To be Advised	To be Advised
Out of the Shadows	This group will discuss impacts on women and children and interactions with the Domestic and Family Violence, Legal and Safety Systems	Relationships Australia Ph. 8223 4566 E: rasacentral@rasa.org.au	Address provided on registration	Fridays during term time
Legal Outreach	Free legal advice appointments are available in-person with a solicitor from the Women's Legal Service.	The Yellow Gate Bookings essential, Ph. 1300 564 164	Address provided upon registration	Last Thursday of the month
Women's Domestic Violence Court Assistance Service	The Women's Domestic Violence Court Assistance Service will be visiting Mount Gambier Magistrates Court on a fortnightly basis to assist women who have applied for private intervention orders.	Legal Services Commission For more information Ph.1800 246 642	Mount Gambier	Fortnightly



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Family Court Support	Available to women attending Family/Federal Circuit Court at 3 Angus St Adelaide.	Women's Information Service Ph. 8303 0590	Adelaide	Ongoing- subject to volunteer availability
WIS Chat	Can't find the information you are looking for? You can now talk to WIS via Live Chat on our webpage. Visit us at Women's Information Service Live-Chat And click on the: "Hi there, how can I help you" pop-up.	Women's Information Service Ph. 8303 0590 www.wis.sa.gov.au	Online	Ongoing
SOCIAL CONNECTION				
Craft and Chat	Come along and join other women to learn craft in a relaxed and friendly environment. All materials provided.	The Haven Port Pirie Ph. 0499 420 923	Port Pirie	Wednesdays
Women and Words	A relaxed group for creative writing therapy run by a well-known local writer.	The Haven Gawler Ph. 0466 801 553 E: haven@gawlercommunityhouse.org.au	Gawler	Thursdays
Women's Walking Group	Meet at Laratinga Wetlands for a casual walk and talk.	The Haven Mount Barker For more information Ph. 8391 2747	Mount Barker	Fridays
Women's Peer Group - Parents of neurodivergent children	A group for all women who are caring for a neurodivergent child or children and would like help to improve their own mental health.	Skylight Ph. 83784100 E: nicoleb@skylight.org.au	Mount Barker	1st Thursday of the month
Women's Walking Group	The Haven Mount Gambier will be meeting every third Thursday of the month at the Railway Station Platform.	City of Mount Gambier and Centacare For more information Ph. 0439 169 925	Mount Gambier	3 RD Thursday of the month
Game Day	Join us to connect with other women and have fun with board games, cards, and trivia.	The Haven Mount Gambier Ph. 0439 169 925	Mount Gambier	Every Monday from Oct
Report Writing and JP service	Help to prepare reports for government services such as NDIS? Need a JP? Visit the Haven and consult with an experienced volunteer.	The Haven Goolwa To make an appointment Ph. 0499 407 237 E: goolwahaven@alexandrina.sa.gov.au	Goolwa	Mondays ongoing
Grow & Glow	Weekly group to help build confidence and connections.	The Haven Whyalla Ph. 0407 251 696 E: whyallahaven@cccsa.org.au	Whyalla	Fridays



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Cuppa and Connection	Join The Haven Whyalla for a chat over craft, cards, or games in a safe space.	The Haven Whyalla Ph. 0407 251 696 E: whyallahaven@cccsa.org.au	Whyalla	Tuesdays
Multicultural Women's Group	Come along and meet other women in your community to connect and chat in a safe space.	O'Sullivan Beach Children's Centre For more details Ph. 8382 2850	O'Sullivan Beach	Friday's during school term
Walk & Talk	Women in the community who have been impacted by Domestic & Family Violence. Come walk with us non-judgmental, all fitness levels welcome, inclusive and supportive environment.	Yellow Gate How to register: Please contact Ph. 1300 564 164	Moana Beach	Dec 16
HEALTH				
BreastScreen SA	BreastScreen SA is visiting areas in South Australia and offering free screening for women over the age of 40.	BreastScreen SA For more information contact 13 20 50 or go to www.breastscreen.sa.gov.au	Kingscote Port Lincoln	Nov 22-Dec 12 Oct 21-Mar 5
BreastScreen SA	BreastScreen SA is coming to the Adelaide Showgrounds to provide free breast cancer screening for women over the age of 40, especially those aged 50-74 years.	BreastScreen SA For more information contact 13 20 50 or go to www.breastscreen.sa.gov.au	Wayville	Jan 7-9
PARENTING				
Mankurri-Apinthi	Are you Aboriginal or Torres Strait Islander with children? Join KKY in a peer-to-peer program led by volunteers to form community connections.	Korner Winmil Yunti (KKY) Aboriginal Corporation For more information Ph. 8377 7822, E: admin@kky.org.au	Blair Athol and Western suburbs	Ongoing



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