

Women's Information Service

The "What's On" page provides details of services and activities for women of SA **Monday 29 November**
All programs are free/low cost unless otherwise noted. For more details, please visit our Facebook Page

[Women's Information Service Facebook](#)

If you would like the WIS What's On emailed to you, please email your name/contact details to wis@sa.gov.au

Program	Description	Provider	Location	Date
The Shark Cage Group	Assertiveness and self-confidence building course for women who have experienced abusive or controlling relationships and/or sexual abuse.	Anglicare SA Ph. Nicky on 0409 858 992 E: ntanner@anglicaresa.com.au	To be advised	To Be Advised
Women are Strong Women do Survive	8-week support group for dealing with the effects of abusive relationships.	Multi Agency Ph. 8215 6310	To be advised	To Be advised
From Strength to Strength	6-week group program for women who have experienced relationship trauma in the past, focused on resilience and empowerment.	Anglicare SA Ph. Nicky on 0409 858 992 E: ntanner@anglicaresa.com.au	To be advised	To Be Advised
Zahra Foundation Pathways to Empowerment	9-week course for women who have experienced domestic violence, with practical activities to achieving goals in life. Location advised on registration.	Zahra Foundation Ph. 8352 1889 program@zahrafoundation.org.au Registrations essential.	Locations advised on registration	February 2022
Zahra Foundation Outreach at WIS	Financial counselling for women who have experienced domestic and family violence, at the Women's Information Service City Shopfront.	Zahra Foundation Ph. 8352 1889	Adelaide	December 1 December 16
Family Court Support at WIS	Confidential support for women attending the Family and Federal Circuit Court in Adelaide. We also provide support if you have an online hearing, mediation, or family conference.	For more information or to book your family court support please contact the Women's Information Service on Ph. 8303 0590.	Adelaide	Ongoing
WIS CHAT	Can't find the information you are looking for? You can now talk to WIS via Live Chat on our webpage. Visit us at Women's Information Service Live-Chat . And click on the: "Hi there, how can I help you" pop-up.	Women's Information Service Ph. 8303 0590 www.wis.sa.gov.au	Adelaide	Ongoing
Women's Domestic Violence Court Assistance Service	Specialist legal service for women affected by domestic & family violence. Includes assistance with intervention orders and ending tenancy agreements.	Legal Services Commission Ph. 1800 246 642 Online enquiry form here	Multiple locations	Ongoing
Christmas Craft at WIS The Haven Whyalla	Christmas card making and other crafts. Please bring your children along to join in the fun! Connect with our volunteers.	The Haven at Centacare Whyalla Ph. 0407 251 696 Reception Ph. 8645 8233	Whyalla	December 3 December 10
WIS The Haven Mount Gambier	Drop in and have a chat with our friendly Women's Information Service volunteers - you can find us at the library 10am-2pm, Monday to Friday.	WIS The Haven at Mount Gambier Library Ph 0439 169 925	Mount Gambier	Ongoing
Fiction Addiction Book Club	Fiction Addiction Book Club. First Thursday of the month with our friendly Women's Information Service team.	WIS The Haven Mount Barker Ph. 0439 002 785	Mount Barker	December 2
Chat Time at WIS The Haven Murray Bridge	Come say hello to our friendly Women's Information Service volunteers for a cuppa. Mon and Thurs, 10am-11am. No need to book, just come along!	Women's Information Service and Murray Bridge Community Centre Ph. 8531 1799	Murray Bridge	Mondays and Thursdays

Young Mum's Group at WIS The Haven Mount Barker	Social group for young and expectant mums aged up to 22 years. Meet other mums in a relaxed, supportive and child friendly environment. Coffee & food provided.	Women's Information Service and Mount Barker Community Centre Ph. 8391 2747 or email: enquiries@mtbcc.org.au	Mount Barker	Wednesdays
Young One's Gardening Group at WIS The Haven Whyalla	We are excited to invite mothers, caregivers, and their young ones to our first gardening club. Join us for some fun filled nature-based activities.	WIS Haven at Whyalla To register your interest, Ph 0407 251 696	Whyalla	February 2022
Breast Screen SA Maitland	Breast cancer screening for healthy women aged 50 to 74 years. At Maitland Hospital and Health Centre.	Breast Screen SA Ph. 132 050	Maitland	Until December 8
TAFE SA Women's Education Information Sessions	Courses that enable women to gain skills to make informed choices about education and/or employment pathways. Apply now to start in 2022.	TAFE SA Phone 8348 1946 womenseducation@tafesa.edu.au	Elizabeth Adelaide Noarlunga	December 7
Post-Separation Parenting Course	Workshop for separated parents. Understand and manage the changes in your family. Bookings essential. Cost \$5.	Centacare Ph. 8215 6320 E: murraybridge@centacare.org.au	Murray Bridge	December 13
Post-Separation Parenting Course	Workshop for separated parents. Understand and manage the changes in your family. Bookings essential. Cost \$5.	Centacare Ph. 8215 6700 E: registrations@centacare.org.au	Adelaide	December 9
Post-Separation Parenting Course	Workshop for separated parents. Understand and manage the changes in your family. Bookings essential. Cost \$5.	Centacare Ph.8412 9500 E: registrations@centacare.org.au	Elizabeth Park	December 7
SPACE Supporting Parents and Children's Emotions	Supporting young pregnant or parenting people under 25 years who are experiencing or perpetrating domestic and family violence.	Metropolitan Youth Health Contacts: Katie & Lani Ph. 8243 5637	Elizabeth Angle Park Christies Beach	Ongoing



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