

Women's Information Service

The "What's On" page provides details of services and activities for women of SA **Monday 10 January**
All programs are free/low cost unless otherwise noted. For more details, please visit our Facebook Page

[Women's Information Service Facebook](#)

If you would like the WIS What's On emailed to you, please email your name/contact details to wis@sa.gov.au

Program	Description	Provider	Location	Date
The Shark Cage Group	Assertiveness and self-confidence building course for women who have experienced abusive or controlling relationships and/or sexual abuse.	Anglicare SA Ph. Nicky on 0409 858 992 E: ntanner@anglicaresa.com.au	To be advised	To be advised
Women are Strong Women do Survive	8-week support group for dealing with the effects of abusive relationships. Location provided on registration.	Multi Agency Ph. 8215 6310	Southern suburbs	Feb 8
From Strength to Strength	6-week group program for women who have experienced relationship trauma in the past.	Anglicare SA Ph. Nicky on 0409 858 992 E: ntanner@anglicaresa.com.au	To be advised	To be advised
Zahra Foundation Pathways to Empowerment	9-week course for women who have experienced domestic violence, with practical activities to achieving goals in life. Lunch provided.	Zahra Foundation Ph. 8352 1889 program@zahrafoundation.org.au Registrations essential.	Central location - advised on registration	Feb 8
Zahra Foundation Pathways to Empowerment	9-week course for women who have experienced domestic violence, with practical activities to achieving goals in life. Lunch provided.	Zahra Foundation Ph. 8352 1889 program@zahrafoundation.org.au Registrations essential.	Southern location - advised on registration	Feb 9
Women's Information Service Shopfront	Due to COVID-19 precautions masks are mandatory . We have a cold tap for water, 3 computers for free online access and, as always, we can provide information and referrals.	Women's Information Service Ph. 8303 0590 www.wis.sa.gov.au	Adelaide	Ongoing
Women's Domestic Violence Court Assistance Service	Specialist legal service for women affected by domestic & family violence. Includes assistance with intervention orders and ending tenancy agreements.	Legal Services Commission Ph. 1800 246 642	Multiple locations	Ongoing
Family Court Support at WIS	Confidential support for women attending the Family and Federal Circuit Court in Adelaide. We also provide support if you have an online hearing, mediation, or family conference.	For more information or to book your family court support please contact the Women's Information Service on Ph. 8303 0590.	Adelaide	Ongoing
WIS CHAT	Can't find the information you are looking for? You can now talk to WIS via Live Chat on our webpage. Visit us at Women's Information Service Live-Chat . And click on the: "Hi there, how can I help you" pop-up.	Women's Information Service Ph. 8303 0590 www.wis.sa.gov.au	Adelaide	Ongoing
SA.GOV.AU: COVID-19 Information lines and call centres	For information, including contacts for relief assistance and mental health support, go to: www.covid-19.sa.gov.au/health-advice	SA COVID-19 Information Line Ph. 1800 253 787 Mon-Fri, 8am to 8pm	State-wide	Ongoing
Women's Information Service at Children's Centres	You can find our friendly Women's Information Service volunteers at the Children's Centres during school terms. Ph. 8303 0590 for more information.	WIS at Aldinga CC WIS at O'Sullivan Beach CC WIS at Parafield Gardens CC WIS at the Willows CC	Aldinga O'Sullivan Beach Parafield Gardens Mount Barker	Back from January 31
Colour, Coffee and Chat at WIS The Haven Whyalla	Join us for colour, coffee and chat – a safe space for women to make friends, and chat with our friendly volunteers. Materials provided. Thursdays.	The Haven at Centacare Whyalla Ph. 0407 251 696 Reception Ph. 8645 8233	Whyalla	Thursdays starting in - Jan 2022

Yoga at the WIS Haven Whyalla	4-week yoga program for women at all levels, beginners are extremely welcome. Please register your interest.	The Haven at Centacare Whyalla Ph. 0407 251 696 E: whyallahaven@cccsa.org.au	Whyalla	Feb 9
Chat Time at WIS The Haven Murray Bridge	Come say hello to our friendly Women's Information Service volunteers for a cuppa. Mon and Thurs, 10am-11am. No need to book, just come along!	Women's Information Service and Murray Bridge Community Centre Ph. 8531 1799	Murray Bridge	Mondays and Thursdays
Young Mum's Group at WIS The Haven Mount Barker	Social group for young and expectant mums aged up to 22 years. Meet other mums in a relaxed, supportive and child friendly environment. Coffee & food provided. Weekly on Wednesdays.	Women's Information Service and Mount Barker Community Centre Ph. 8391 2747 or email: enquiries@mtbcc.org.au	Mount Barker	Jan 12
Fiction Addiction Book Club	Fiction Addiction Book Club. First Thursday of the month with our friendly Women's Information Service team.	WIS The Haven at Mount Barker Community Centre Ph. 0439 002 785	Mount Barker	Feb 3
Digital Skills for Study and Work	8-week course. Improve your computer skills for online communication	Rebecca on: Ph. 8277 0304 Ph. 0432 322 661	Mitchell Park	Starts Feb 8th
Skills for Work and Business	8-week course. Hone and strengthen the skills you need to take the next steps in your career	Ph. 8277 0304 Ph. 0432 322 661	Mitchell Park	Starts Feb 9th
Pathway to the Horticulture Industry	15-week course to explore study and employment opportunities in the industry.	Ph. 8406 8484 E: acs@morella.org.au	Parafield Gardens	Starts Feb 9th
TAFE SA Women's Education Information Sessions	Courses that enable women to gain skills to make informed choices about education and/or employment pathways. Apply now to start in 2022.	TAFE SA Phone 8348 1946 womenseducation@tafesa.edu.au	Elizabeth Adelaide Noarlunga	Feb 1
Live your Best life and Plan for your Future	Information Session 12:30pm – 2:30pm. Course commences January 18th	Register at reception@catherinehouse.org.au or call 8232 2282 Deidre Flynn	Adelaide	Information session Jan 11
I CAN DO DIGI TECH	11-week Beginners Computer Course with Catherine House. Build your skills and confidence using technology.	Contact: Lynette Smith reception@catherinehouse.org.au or Ph. 8232 2282	Adelaide	Jan 19
Reading and Numeracy Skills for work and study	16-week course on developing English reading and numeracy skills for work and study. Please register your interest.	Morella Community Centre Ph. 8406 8484 E: ace@morella.org.au	Parafield Gardens	Feb 4
Pathways to Children's Services	15-week course introduces participants to the Children's Services industry. Please register your interest.	Morella Community Centre Ph. 8406 8484 E: ace@morella.org.au	Parafield Gardens	Feb 4
Tracing Steps: Building Transitional Pathways	Mentoring for young people with disabilities. Developing pathways of interest and capacity building towards supported employment, tertiary education, trade and or volunteering.	One Culture Support Services and Department of Social Services Contact Donovan Pollock on ph. 0478 678 722 or E: dpolock@oneculturegroup.org	Kilburn	Feb 7
Who's in Charge?	8-week program for parents or carers of young people (8 -18 years) who are beyond control, violent or defiant.	Trevor Ph. 8405 6862 or Centacare Ph. 8215 6700	Lightsview	Starts Feb 10th
Supporting Children after Separation	Workshop for separated parents. Understand and manage the changes in your family. Bookings essential. Cost \$5.	Centacare Ph.8412 9500 E: registrations@centacare.org.au	Elizabeth Park	Jan18
Supporting Children after Separation	Workshop for separated parents. Understand and manage the changes in your family. Bookings essential. Cost \$5.	Centacare Ph. 8215 6700 E: registrations@centacare.org.au	Adelaide	Feb 2



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