

Women's Information Service



The "What's On" page provides details of services and activities for women of SA **Monday 16th April 2018**
All programs are free unless otherwise noted.

<u>Program</u>	<u>Description</u>	<u>Provider</u>	<u>Location</u>	<u>Dates</u>
Family violence support group for women	Explore the effect of violence & abuse. Non-judgemental. Share strategies.	Uniting Communities Ph. 8202 5190	Adelaide CBD	2 nd Thursday of each month
The Surviving & Thriving Play Group	A free supported playgroup for mums & children aged 0-5 yrs. Where the mums are survivors of DV.	Hackham West Children's Centre, ph. 8382 6161	Hackham West	Wednesdays
C.A.L.D. for CALD Women Program	An intercultural, art-based life-coaching program for CALD women who have experienced domestic violence.	Women's Safety Services SA, ph. Haroula 8268 7700 or haroulac@womenssafetyservices.com.au	Location supplied on request	Wednesdays
Zahra Foundation Financial Counsellor at WIS	A financial counsellor is available at the Women's Information Service to consult with women who have experienced domestic abuse.	Zahra Foundation, ph. 8352 1889 to make an appointment.	Adelaide CBD	Thursdays
Exploring Our Masks Workshop	A form of Art Therapy that allows the individual to have a gentle look at their archetypes. Cost \$10	Centacare – Supporting Sole Parents. Ph. 8261 0993 Wed/Thurs/Fri 9am – 5pm	Gilles Plains	19 th April
Non Suicidal Self Injury (NSSI) community forum	Hear from a special panel of people who will share their experiences with NSSI and helpful strategies for recovery	Skylight Register online	Wayville	18 th April
Carer Support Program	4 week course for carers looking after people with drug/alcohol issues and mental health \$40 or \$15 concession	Skylight Carer Support: 8378 4100	Wayville	Starts May 2 nd
Recovery Support Group for Eating Disorders	Monthly support group to discuss & share your feeling; learn or share strategies for recovery. \$20/session.	Butterfly Foundation, please register – ph. Lisa 0456 721 597 support@thebutterflyfoundation.org.au	Glenside	2 nd Tuesday of each month
Carers Support Group for Eating Disorders	This is a safe space where you can talk about your feelings & find connection with others. \$20/session.	Butterfly Foundation, please register – ph. Lisa 0456 721 597 support@thebutterflyfoundation.org.au	Glenside	1 st & 3 rd Tuesday /month
Smart Recovery Groups	Do you want help solving problems with urges around alcohol, drugs and other problematic behaviours?	Nunkuwarni Yunti SA Inc. Ph. Coni - (08) 8406 1628	Christies Beach	18 th April
Aboriginal and Torres Strait Islander tertiary study scholarships	Scholarships to support two Aboriginal or Torres Strait Islander students to undertake tertiary level study	City of Port Adelaide Enfield, Ph. Janet on 8405 6868 or janet.taylor@portenf.sa.gov.au mailto:janet.taylor@portenf.sa.gov.au	City of Pt. Adel/Enfield	Applications close 28 th April
Parenting Together	A communication based 5 week parenting program	Relationships Australia SA 8255 3323	Ingle Farm	Starts 1 st May
Supporting Sole Parents	8 Week Communication and Creativity Course \$15 (conc) \$45 (general)	Centacare 8261 0993	Gilles Plains	Starts 4 th May

Making step families work	6 week course to help couples with children from previous relationships	Relationships Australia SA 8255 3323	Salisbury	Starts 2 nd May
Conversation with DHS (Centrelink)	Discussion will include upcoming changes to childcare Payments; online services MyGov. Interpreter services available	Australian Migrant Resource Centre, ph. Chhali or Simon 8256 5700 or northernarea@amrc.org.au	Salisbury	30 th April
Teen Connection Group	The Teen Connection Group provides an opportunity for teenage adoptees to connect and make new friends.	Post Adoption Support Services email s.park@rasa.org.au or phone Su Park (08) 8245 8100	Hindmarsh	20 th April
Y Connect Program	Program for young women with disabilities that helps your chances of finding employment or progressing your career	YWCA Lisa Gascoigne or Carmel Green Ph. 8203 9400/0437 650 946	Adelaide CBD	Ongoing 2018
Step Up and Step Out	Youth program – Career Expo, career workshops and Gala dinner	Sierra Leonean Community of SA, Ph. Patrick 0410 088 983 or MaMusu 0405 370 907	Woodville	18 th & 20 th April



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